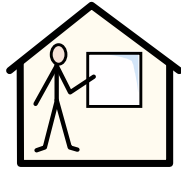
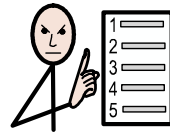




Healthy

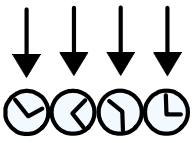


School



Rules

1



Always



eat

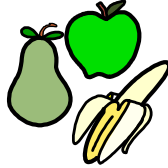


breakfast.

2



Eat



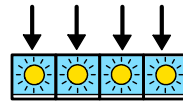
fruit



and



vegetables

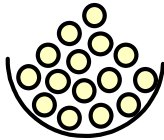


everyday.

3



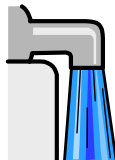
Drink



lots

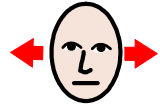


of



water.

4



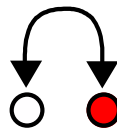
No



crisps,



chocolate



or

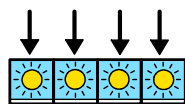


sweets.

5



Exercise



everyday.

6



Don't

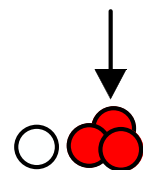


hurt.

7



Care for



others.