

Contacts / Activities / Support

Activities

ACTION FOR ASD BURNLEY		
Action for ASD is a specialist provision offering support, leisure and recreational opportunities for children and young people with Autistic spectrum conditions and their parents and carers. They also run family day trips out and training for parents.		
Autism Resource Centre Suites 7 & 8 Kings Mill, Queen Street, Burnley, Lancashire BB10 2HX	Telephone No:	01282 415455
	Website	www.actionasd.org.uk
	Email	children@actionasd.org.uk or adult@actionasd.org.uk
	Autism Awareness Training	training@actionasd.org.uk
	General	info@actionasd.org.uk

AUTISM FRIENDLY SCREENINGS		
Enjoy the latest films in a convenient and friendly setting. Soft lighting, lowered volume, no trailers, take your own food and drink, all the family are welcome, and children are allowed to wander around the auditorium. Cinemas in Accrington, Burnley, Blackburn and Bury offer these viewings. The website below gives a full list of all cinemas.		
	Website	www.dimensions-uk.org/autismfilms

BOOMERANG BURY		
This is a multi-sensory play centre for children with special needs Opening Times:- Mon – Fri 9.30am – 5.00pm Sat 9am – 4pm, Sun 11 – 3pm Cost: - Birth – 5 months £2.00 / 6 – 11months £3.50 / 12months+ £4.50 Exclusive sensory room hire £10 per child up to 8 children Room hire for 8 children £45 Birthday parties £8+ per child minimum of 10 children		
Boomerang Unit 2 Woodhill Street Bury BL8 1AT	Telephone No:	0161 764 4842
	Website:	www.boomerangcentre.co.uk

BURNLEY BEARS SPORTS CLUB		
This club is a sports club designed for children between 8-19yrs with special needs. Runs on Wednesday 6pm – 8pm at a cost of £3 per session Contact: -Phil Butterworth		
St Theodore's Sports	Telephone No:	07788 858778

College, Ormerod Road Burnley	Email address:	philbutterworth@hotmail.co.uk
COTTON SHED THEATRE COMPANY		
Inclusive theatre group regardless of age, ability or background. It involves music, song and dance. Please ring for dates, times and cost as this varies depending on your child's age.		
Haslingden Primary School, Ryefield Avenue Haslingden Rossendale	Telephone No:	01706 214309 (Mon or Tues) or 07933737696
	Email	info@cottonshed.co.uk
	Website	www.cottonshed.co.uk

DANSWORKS DANCE ACADEMY		
Dance club for Children and Adults of all abilities and Siblings are welcome Children's classes age 4 -18 yrs run on a Saturday 4.30pm – 5.30pm Adult classes age 18+ run on a Wednesday 2.15pm – 3.15pm, Cost £1 per session		
Dansworks Studios 3 Old Pioneer Buildings Alma Street Bacup OL13 9JA	Telephone No:	01706 559671
	Email:	info@dansworks.co.uk
	Website:	www.dansworks.co.uk
	Karen Scott, Principal:	07843 263714
	Dale Connearn, Manager:	07795 165082

DISABLED HORSE RIDING IN BURY		
A small fee of £5 per horse riding session is required		
The Margaret Hayes Riding Centre Higher House Moor Road Bury Lancs BL8 4NX	Telephone number:	01706 821337

THE DONKEY SANCTUARY		
Donkey assisted therapy for children who have a wide range of additional needs and disabilities. Our qualified riding instructors, grooms and volunteers deliver tailored therapeutic sessions in a specially designed indoor arena.		
The Donkey Sanctuary Green Fold Abbey Hey Manchester M18 8RJ	Telephone Number:	0161 301 4051

EUREKA NATIONAL CHILDREN'S MUSEUM

The museum will provide a volunteer for families who have a disabled or autistic child to help and support you around Eureka. You must ring up 2 weeks in advance of your visit to plan your visit with a volunteer discussing your child's additional needs. Eureka provides a sensory room if your child becomes anxious or distressed and needs some time out. The volunteer is trained in helping disabled and autistic children and they have knowledge of Makaton.

Eureka cannot provide this service during half terms.

Prices:

Age 0 – 11mths – Free

Age 1 – 2 - £5.25

Age 3 – Adult - £12.95

Parking is £3 for 4 hours or £6 for 12 hours

Discovery Road Halifax HX1 2NE	Telephone Number:	01442 330069
	Website:	www.eureka.org.uk

HYDRO AT THE BARN

Telephone Number	07969 443995
website	www.hydroatthebarn.co.uk
email	hydroatthebarn@outlook.com

Jump Nation

Trampoline sessions for Autistic children, young adults and siblings

One Saturday a month from 9 – 10am

They have the whole arena to themselves. Ring up to book and find out when sessions are running. £8.95 each, carers go free

Textilose Road Trafford Park Manchester M17 1WA	Telephone Number	0161 710 2360
	Website:	www.jumpnation.com

THE MIX NIGHTCLUB FOR 18+

For those with learning difficulties who like the opportunity to meet new friends and form future relationships.

The bar is open from 5pm – 10pm. They run the nightclub 4 times a year and it is always on a Sunday. Please contact directly for dates.

13 St James Row Burnley Lancs BB11 1DR	Telephone Number:	01282 420060

ROSSENDALE RAYS MULTI ABILITY SWIMMING CLUB

All the family are welcome. It takes place at Marl Pitts, Newchurch Rd, Rawtenstall, Rossendale, Lancs, BB4 7SN. The group meets every Sunday 3.30pm – 5.30pm. Cost is £3.00 a child but the carer goes in free. For a family the maximum cost is £8.00. For further information please call Paul or Clare Mulderrig or visit Marl Pitts Swimming Pool, Rawtenstall.

	Telephone No:	01706 222852 or 223566 – Paul or Clare Mulderrig
	Email:	rossendalerays@gmail.com
	Website:	www.rossyrays.org.uk

SIMPLY CYCLING

All ability cycling club. No need to book just turn up. All types of cycles available to meet any needs. Group sessions are in Wythenshaw & Trafford.

All the family are welcome and there is a small charge of £2 per cyclist per session.

	Trafford (Helen)	07871 621778 Helenhines68@hotmail.co.uk
	Wythenshaw (Sue)	07753 428937 Sueblaylock2708@aol.com
	Website:	www.simply-cycling.org

SKI ROSSENDALE / ROSSENDALE SPECIAL SKI CLUB

On Saturday afternoons at Ski Rossendale we host a friendly ski club for those with a learning difficulty. It takes place from 2pm – 4pm at a cost of £10 per session. We have a very experienced coach Mike Hopkins who is supported by instructors, parents, guardians and volunteers in order to create a wonderful atmosphere on Saturday afternoons. Parents, guardians and carers informally meet up around the café.

Skiing is a wonderful activity for improving balance and self-confidence. It gives a fabulous sense of achievement and well-being.

	Website	www.skirossendale.co.uk/clubs-and-groups/rossendale-special-ski-club.html
	Email	info@skirossendale.co.uk

DASH YOUTH CLUB

For young people aged 13 – 25 with disabilities, learning disabilities & specialist needs. The club run lots of fun activities and also a choir. They meet on:

- Thursday 7pm – 9pm, cost – 40p

New Era Complex, Paradise Street, Accrington, BB5 1PB	Telephone No:	01254 300110
	Email	snap@neweratrust.com

TIGGERS TRAMPOLINING CLUB FOR AUTISTIC CHILDREN

Day: - Weds 5.30 – 6.30pm

Haslingden Sports Centre, Helmshore Rd, Haslingden, Rossendale, Lancs, BB4 4DN	Telephone No:	01706 227016 – Haslingden Sports Centre
	Email	HSC@rltrust.co.uk

TOR VIEW SATURDAY CLUB

The club runs on a Saturday 10am – 3pm during term time at Tor View School, Clod Lane, Haslingden, Rossendale. You can leave your child all day – they will need a packed lunch
Please contact Vicky Sweetmore

	Telephone No:	01706 214640
	Email	v.sweetmore@theviewtrust.org

TOR VIEW HOLIDAY PLAYScheme

This club runs every school holidays (excluding the Christmas holidays). It also runs for 4 weeks in the summer holidays.

It runs from 10am – 3pm. Your children will require a packed lunch

Cost - £20 a day. They run a vast amount of activities and the children can go on a trip for the day. The trips cost £5

Please contact Vicky Sweetmore, or pick up a leaflet from the school reception

	Telephone No:	01706 214640
	Email:	v.sweetmore@theviewtrust.org
	Website:	www.torview.org/care

Aids / Equipment / Resources**ASD VISUAL AIDS**

Website and catalogue with toys, sensory toys, varying games to help development with a variety of social skills and lots more.

	Telephone Number	0800 622 6015
	Website	www.asdvisualaids.com

AUTISM MEDIA CHANNEL

This is a programme which is on Sky channel 212 Information TV. The times of the programmes vary. You can also find them on-line they cover all aspects of Autism and have some really great strategies & it's packed full of information.

	Website	www.autismmediachannel.com
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AUTISM SUPPLIES AND DEVELOPMENTS

Website for visual aids, communication aids, visual timetables and PECS symbols and cards.

	Website:	www.autismsuppliesanddevelopments.com
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CLOTHING

This website offers clothing with “Autism Awareness” embroidered onto t-shirts, caps, coats etc. at reasonable prices. You can choose your own wording
 Mon – Thu 8am – 8pm, Fri 8am – 6pm & Sat 9am – 1pm

	Telephone No	0800 028 5867
	Website	www.workwearexpress.com

Do2learn

This website is a resources website for picture communication cards. You are able to print out cards for everyday things, school, toileting, behaviour, food this list is not exhaustive. You can also print out visual timetables for almost anything.

	Website	www.do2learn.com
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F.I.N.D NEWSLETTER (FAMILY INFORMATION NETWORK DIRECTORY)

F.I.N.D Newsletter is produced every 3 months by the Lancashire Parent Carer Forum. It is packed full of information on SEN services, support groups, activities, training, respite care provisions and much more. If you would like to receive a copy write to the address below:

Room B9b County Hall Preston Lancashire PR1 8RJ	Website:	www.lancashire.gov.uk
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Respite**HARGREAVES HOUSE**

Thwaites Rd, Oswaldtwistle, Accrington BB5 4QG	Telephone Number	01254 235674

MY LIFE MY CHOICE (BIG BLUE DOOR)

22A Albert St Oswaldtwistle BB5 3NB	Telephone Number	01254 278378

Support / Advice**ASPiA**

ASPiA is a signposting network service for parents and carers of special needs children and adults. They organise day trips which they try to subsidise. They post details on their website of any upcoming events or information which may be relevant to people with SEN's

1 Dale Street	Telephone Number	07899960061 or 01706 601136
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Bacup Lancashire OL13 8AP	Email	info@ASPIA.co.uk
	Website	www.aspia.co.uk

AUKIDS

This group was set up by a Mum whose child has Autism. It's a fantastic website offering a vast amount of information, support & advice. They also do a magazine called "Au Kids" and it is packed full of great information. It's roughly about £10 for 4 magazines a year.

	Website	www.aukids.co.uk
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CARERS LINK LANCASHIRE

Carers Link Lancashire offer specialist 1:1 support to parents and carers. They provide information about help available to carers with a free A-Z guide of useful contacts. They help to get your voice heard and they organise special events, trips and training. Carers Contact offer emergency plans for carers. They also offer a Sitting in service. Volunteers can provide up to 2 hours per session between 10am – 4pm Monday to Friday, free of charge. You must care for someone with a learning, mental health condition or physical condition.

"Time for me fund": you can apply for a sum of money up to £350.00 **once you have been registered with Carers contact for 6 months**. This money can be used for a variety of things such as a holiday, new washing machine or driving lessons. Priority is given to first time applicants.

Accrington Office Melbourne House Eastgate Accrington BB5 6PW	Telephone No:	01254 387444 0345 688 7113 (option 3)
	Website	www.eastlancscarers.org.uk

CHALLENGING BEHAVIOUR FOUNDATION

The CBF is a charity specialising in severe learning disabilities and behaviour described as challenging. Established by family carer, they work with families and professionals supporting children and adults across the UK. They provide practical information and support about everything from reducing challenging behaviour to finding sturdy furniture, and workshops on understanding challenging behaviour and supporting behaviour change.

	Website	www.challengingbehaviour.org.uk
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CONTACT A FAMILY

Contact a family supports families of disabled children whatever their condition or disability. They offer local support, advice and information. They also have a SEN National Advice Service Mon – Fri 9.30am – 5pm.

	Telephone No:	0808 808 3555
	Website	www.cafamily.org.uk

EAST LANCASHIRE DOWN'S SYNDROME SUPPORT GROUP

A support group for people living in East Lancashire with Down's syndrome and for their families and carers. It runs the first Saturday of every month at website address is

Whitewell Bottom Community Centre, Burnley Road East, Whitewell Bottom, BB4 9LB	Rachel Shatliff	01706 217354
	Phil Shatliff	07899 983544
	Website	www.ELDSSG.co.uk
	Email	eastlancsdssg@aol.co.uk

FACEBOOK GROUPS TO JOIN:

- Action for Autism Families
- Aspia Parent Carers Rossendale
- Autism Awareness
- Autism Mothers
- Children with Autism and the exhausted parents who adore them
- Earlybird Autism Parents Group
- East Lancs Parent Carer Support Network
- I love my autistic child
- Our Autism Family
- Parent Carers Lancashire
- SEN Aware
- Single mothers who have children with Autism

LANCASHIRE COUNTY COUNCIL WELFARE RIGHTS SERVICE

If you need advice on benefits

Telephone No:	03001236739
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LANCASHIRE YOUNG CARERS SERVICE

This service provides support to young carers under the age of 18 who provide regular ongoing care and emotional support to a family member who is physically or mentally ill or disabled and that they are significantly affected by their caring role. They are given a named worker who is there to support them and provide information and advice. They offer 1-2-1 work, being sensitive, listening, caring and respecting them and offering support around their caring role.

They accept referrals from all organisations, services, schools, training providers, health, social care, police etc and also self or family referrals.

Barnado's Young Carers Service 1 Dorothy Avenue, Leyland Lancs PR25 2YA	Website	lancashireyoungcarers@barnados.org.uk
	Telephone	01772 641002

NATIONAL ASSOCIATION FOR SPECIAL EDUCATIONAL NEEDS

Promotes the development of children and young people with special educational needs

	Telephone No:	01827 311500
	Website:	www.nasen.org.uk

NATIONAL AUTISTIC SOCIETY

They offer a wide range of help from emotional support, information on benefits, help on behaviour, training courses, online shop, events and activities and much more. You can contact them by e-mail to ask them a question on your child's behaviour and they will e-mail you back with a possible explanation & strategies. Visit them online or subscribe to their magazine which is roughly about £25 for a year's subscription of 12 magazines

	Website:	www.autism.org.uk
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SCOPE

Charity providing support and advice for disabled people and their families

	Telephone No:	0808 800 3333
	Website	www.scope.org.uk

TOR VIEW'S SUPPORT GROUP FOR PARENTS AND CARERS OF CHILDREN AND ADULTS WITH SPECIAL NEEDS.

Held on Mondays once a month from 9:45 – 11.45pm

Contact Tor View's Parent Liaison Manager, Vicky Sweetmore, for upcoming dates or contact the school office

Tor View School Clod Lane Haslingden, Rossendale BB4 6LR	Telephone No:	01706 214640
	Email:	v.sweetmore@theviewtrust.org
	(School) Website	www.torview.org/parents-and-carers

CARE CONNECT / SOCIAL CARE

Telephone Number	0300 123 6720
Local number	01772 221609
Out of Hours 8pm – 8am	0300 123 6722

BLUE BADGE

Telephone Number	0300 123 6736
website	www.bluebadge.direct.gov.uk/directgovapply.html

HELP DIRECT

Telephone Number	0303 3331111
website	www.helpdirect.org.uk

HEALTHWATCH

Telephone Number	03000683000
website	www.healthwatch.co.uk
email	enquiries@healthwatch.co.uk

ADHD NORTHWEST

Telephone Number	01524 389550
website	www.adhdnorthwest.org.uk

ACTION FOR KIDS

Telephone Number	020 83478111
website	www.actionforkids.org

Funding support**CARERS ALLOWANCE**

To get Carers allowance you must meet all the following conditions:-

- You look after someone who gets a qualifying benefit
- You look after that person for at least 35 hours a week
- You are aged 16 and over
- You do not study for 21hours or more a week
- You earn £110 a week or less (after deductions)
- You satisfy UK presence and residence conditions

Carer's Allowance Unit Palatine House Lancaster Road Preston PR1 1HB	Telephone No:	0345 6084321 (for a pack)
		www.direct.gov.uk/carers

CINEMA CARD

The card is used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. If your child is 8+ years and has the following you are able to get a

Cinema card:

- If your child is registered blind or partially sighted
- If your child is in receipt of Disability Living Allowance or Personal Independence Payment (PIP)

It costs £6.00 for a card which is valid for 1 year

ODEON & Vue cinemas are now running Autism Friendly Screenings. The nearest ODEON cinema is Rochdale and Manchester (Printworks). The nearest Vue Cinema is Accrington and Blackburn. The lights are kept low; there are no trailers before the film. People are allowed to move around the cinema. You can take your own food and drink. All the family can

attend and carers can attend for free with the CEA card

	Website	www.ceacard.co.uk
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DISABILITY LIVING ALLOWANCE

To qualify for DLA you must be under 65 when you make the claim. You may be eligible for DLA if you have walking difficulties or need help with your personal care. You must have had these needs for 3 mths and expect to need this help or have these difficulties for at least another 6 mths.

There are two components to DLA personal care and mobility:

You can receive the care component rate at

- Low rate: - £20.55 a wk.
- Middle rate: - £51.85
- High rate: - £77.45

You can receive the mobility component rate at:

- High rate: - £54.05
- Low rate: - £20.55

Disability Living Allowance MU38, Warbreck House, Warbreck Hill Blackpool FY2 0YE	Telephone No:	08457 123456
	Website	www.direct.gov.uk/browse/disabilities

FAMILY FUND

Family fund is a provider of grants to low-income families raising a disabled child. You can apply for things like a new washing machine, a holiday, sensory toys, laptops and many more. You can apply on-line or by contacting them on the details below.

Family Fund 4 Alpha Court Monks Cross Drive Huntington York YO32 9WN	Telephone No:	01904550055
	Website	www.familyfund.org.uk
	Email	info@familyfund.org.uk

MERLINS MAGIC WAND

Merlin's Magic Wand is a children's charity providing magical experiences for seriously ill children, disabled & disadvantaged children at one of the many Merlin Entertainment attractions worldwide. You can apply for tickets to visit the following attractions: Sealife Centre, The London Eye, The London Dungeons, Legoland, Thorpe Park, Heide Park, Chessington World of Adventures, Alton Towers, Madame Tussauds, Warwick Castle and Earth Explorer

Priority is given to first time applicants; you can apply on-line following the instructions, you will be asked a series of questions. They will contact in due course to inform you if you have been successful. Evidence will be needed of your child's condition but they will contact you

regarding this.

	Website	www.merlinsmagicwand.org
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NOW CARD

With this card you can receive free travel during certain times. If your child is aged 5 or over you may be eligible if your child has a disability from the list below:

- Blind or partially sighted
- Profoundly or severely deaf
- Without speech
- Learning disability
- Loss of the use of both arms
- Walking disability

	NOW Telephone helpline	0300 1236737
	Website (apply online)	www.nowcard.org

PARENT CARERS FORUM

These forums are held once a month in varying places. If you wish to attend a forum please contact your local Child & Family Support, Liaison Officer Lauren Till. The forums help parents to discuss their views & concerns, make links with other services, share information, develop your skills & knowledge, share experiences, have your voice heard & look for solutions.

	Lauren Robertson's Telephone No:	07557 030839
	email	Lauren.till@lancashire.gov.uk